

## Basic Immune Support Kit

PRODUCT	Awaken	Breakfast	Mid-Morn	Lunch	Afternoon	Dinner	Evening	Bedtime
Bio G Max Multi +		1 tsp						
Bio G Max GSH		2 pumps				2 pumps		
Bio G Max C		2 pumps				2 pumps		
Bio G Max Resveratrol		2 pumps				2 pumps		
D3K2		8 drops						

### Special Instructions:

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\* Organic licorice tea 1 cup every other day; use caution and monitor if diagnosed with high blood pressure